



# DENTAL EMERGENCY GUIDE

Everything You Need to Know to Make an Educated Decision on What's Right for You



Have you ever wondered if your dental issue is an emergency? Sure, dental issues can be bothersome, annoying, and sometimes even painful - but sometimes it can be very difficult to determine what level of urgency we should feel about oral health issues. Is it an emergency, or just something irritating that you can learn to live with?

We understand how hard it can be to make these decisions on your own, and we are here to help! In this guide, we will go over some common dental issues as well as their implications. Our goal is to help you be well-informed, and find a solution to your dental needs.

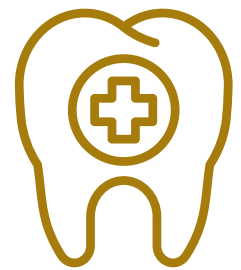
## Common Dental Emergencies

Do any of these dental issues sound familiar? Add a check mark if any of the following applies to your situation!

- I have severe tooth pain
- I've experienced trauma to my mouth
- I lost a tooth unexpectedly
- I have swollen or bleeding gums
- I have a swollen jaw or mouth
- I have a loose tooth
- I have a chipped or cracked tooth
- I have an abscessed tooth
- I have a broken crown

Did you check any of the boxes above? If so, you just might have a dental emergency that needs to be addressed quickly. We are here for you! If you are ready to address this now, please call our emergency number: **(646)**

**798-9733**

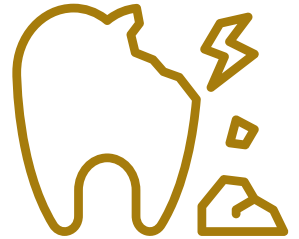


# What To Do In The Event of A Dental Emergency

Have you had a dental emergency? Luckily, there are several things you can do in the event of an emergency to lessen the severity and impact of the trauma. Let's go over some of them:

## 1. Know When To Seek Help

It can be difficult to discern when a dental emergency needs our immediate attention, but if you are experiencing severe bleeding as a result of oral trauma, call 911. Don't risk your health by waiting!



If you have experienced trauma to the mouth but are not bleeding profusely, your emergency still needs attention. As with most things in life, dental issues will often get worse the longer they are left untreated. Don't wait for it to become a larger problem than it needs to be.

Call our emergency number **(646) 798-9733**. This line is available to answer any questions you may have about your emergency. Don't hesitate! We would love to help you.

## 2. If Your Tooth Is Knocked Out, Put It In A Glass Of Milk

We know, it sounds like a strange suggestion! But as it turns out, milk contains substances that help keep the tooth "alive" so to speak. These substances include sugars, proteins, and anti-bacterial agents.

Above all else, the tooth needs to stay moist. This is to keep the root from drying out - and as far as liquids, milk is the best choice because cells from the root surface don't swell up and burst as they do when placed in water.

## 3. Pack The Tooth Socket With Gauze

Not only does packing the tooth socket with gauze help form a blood clot to curb the bleeding after a tooth is knocked out, but it comes with other benefits. Using gauze and adding some pressure can also help with pain management.

## 4. If A Tooth Has Cracked Or Broken, Save The Pieces

If you have the pieces of your broken tooth, save them! Your dentist may be able to repair your tooth using the pieces. And of course, as with all dental injuries, visit our office as soon as possible after the injury occurs so that we can help prevent further damage to the nerve.

## 5. Use Ice To Help With Severe Pain

Ice causes blood vessels to constrict and decreases circulation to the area, resulting in less swollen tissue. So icing the area can be very effective for dealing with swelling and pain.

## 6. Call Us!

We help people just like you with oral injuries and emergencies every single day. Give us a call at **(646) 798-9733**. We would be happy to talk to you about your unique situation, and come up with a plan for treatment that makes you comfortable.



# What is NOT a Dental Emergency?

We have covered a lot of information about dental emergencies, but when it comes to your oral health, what is not cause for alarm? Let's go over some non-emergency dental issues, and hopefully put your mind at ease!

### 1. Dull Toothaches

Depending on the severity, toothaches can be considered a dental emergency. However, a dull toothache is generally not cause for alarm. Simply schedule a regular appointment during normal business hours. If your toothache becomes severe or the pain spreads to your jaw or neck, it is time to go to the emergency room.

### 2. Food Lodged Between Teeth

Having food lodged in your teeth is a very normal occurrence and generally not considered a dental emergency. In most cases, this issue can be corrected simply by brushing and flossing your teeth!

### 3. Small Chip In Your Teeth

Generally speaking, a small chip in the teeth is a fairly normal event, and does not require emergency assistance. If your chip is similar in size to a grain of sand and does not cause any pain, you can put your mind at ease. However, if the chip causes pain or discomfort, please don't hesitate to give us a call.

Once again, dental issues tend to become more severe the longer they are left untreated. So although the above issues are not necessarily cause for alarm, they can become more severe issues quickly if they are ignored.

If you are experiencing any pain or discomfort or have any other issues affecting your teeth, it's better to be safe than sorry. Please call our office and speak with one of our experts to help determine the level of urgency of your issue, and create a plan to address it!



# FREE EMERGENCY PACKAGE

## **FREE DENTAL EXAM**

Has it been awhile since your last exam? Don't worry! We will never judge. We are here to help you in a friendly, comfortable environment. We want to make sure your oral health is the best it's ever been!

## **FREE DIGITAL X-RAY**

Our free digital X-ray will provide us with a comprehensive picture of your entire oral situation. This will help us identify exactly what you need, and how we can best care for you!

## **FREE EXPERT CONSULTATION**

After your X-ray, we will discuss our findings with you! We'll explain your oral strengths and weaknesses, and identify opportunities for improvement.

## **FREE NO STRINGS ATTACHED EMERGENCY PACKAGE**

Finally, together we will create a comprehensive step by step plan to give you relief to your pain and anxiety.