

GUIDE TO SEDATION DENTISTRY

Everything You Need to Know to Make an
Educated Decision for Your Sedation Dentistry

Welcome and Congratulations!

Dear Friend,

My name is **Dr. Daniel Gober**, and right off the bat, I want to congratulate you on making the wise decision that'll help change your life forever! By requesting a copy of our sedation dentistry guide.

My ultimate goal is simple: to give patients smiles that they love. Why? Because in my years of practice, I've found that there's almost nothing that can make as big a difference in your health, self-confidence, and overall quality of life as your smile.

Everything else can be working like clockwork – job situation, family, friends and relationships. But if you can't experience the simple act of savoring the foods you love most or if you're embarrassed to smile or even engage in conversation because of your teeth.

Then no matter how great everything else is going, the real joy you desire long for is missing.

I'm here to tell you that you don't have to settle for that kind of life any longer. I know this for a fact because I have seen countless individuals who used to suffer from poor teeth, crooked or large gaps in their teeth - now eating and enjoying the very foods they'd thought were lost to them forever and smiling like they never have before with confidence.

I've seen patients walk in my doors seemingly ashamed to smile, and later walk out those same doors glowing with a lovely smile as radiant as the sun.

Thanks to the miracles of modern medicine and technology it's now not only possible, it's far more affordable and achievable than you probably have ever imagined.

Whether you're reading this guide for yourself or for a loved one, you're in the right place. We've designed this to provide you with all the necessary information you need to make an educated decision regarding what is best for overall health and happiness.

With all that said, let's get started!

MEET YOUR DOCTOR



Dr. Daniel Gober

Dr. Daniel Gober, DDS is a dentistry practitioner in Cedarhurst, NY. Dr. Gober completed a residency at Nova Southeastern University College Of Dental Medicine Department Of Periodontics. They currently practice at South Island Periodontics & Implantology, PLLC, Cedarhurst, NY.

What Our Patients Are Saying

★★★★★ 3 months ago

Smile cafe dental spa staff makes me feel apart of there office/family & very comfortable..they are always there for me in the time of need or even emergency & I appreciate & thankful, & grateful for being a patient there for 16 years...& I will continue with the smile cafe dental staff for more dental procedures in the future & I will continue smiling & keep flossing every day & look towards bleaching my teeth after my braces are finished...stay healthy & happy holidays & happy new year 2023 & thank you always & forever, Kathrine Varakin/Kim



★★★★★ 5 months ago

Very thorough and in depth check up. Never have I received as much information about my teeth and gums from a dentist and explanations on why certain conditions are there and how to properly treat them. I usually feel like I'm being taking to the cleaners when I go for a visit as the dentist always recommends a number of treatments I "need" but nothing was pushed on me here. My options however were explained for more long term issues which weren't urgent. The doctor also examined my tongue and alerted me to a possible issue (more than likely due to my teeth rubbing against it on one side) that I should get checked by a medical doctor just in case so all in all I am extremely happy with the visit and couldn't recommend them enough.

★★★★★ 4 months ago

I am doing Invisalign with Smile Cafe. Dentists in here are exceptional. I am very satisfied with the result and friendly service they are providing. Highly recommend for those who are planning for Invisalign and/or braces!

★★★★★ 3 weeks ago NEW

Everyone was very nice and welcoming. All my questions were answered and concerns were put to rest. They took the time to walk me through my scans and guide me towards fixing my teeth. Overall, excellent.

**CALL TO SCHEDULE YOUR "BEST SMILE EVER" CONSULTATION PACKAGE
(646) 798-9733**

What is Sedation Dentistry? What options do I have?

In conjunction with local anesthesia, sedation dentistry is the use of medication to relieve patients' pain and anxiety during dental procedures. Sedation dentistry is a wonderful solution for anyone who has been putting off important dental procedures due to anxiety, fear of pain, or around visiting the dentist.

1.

INHALED SEDATION

This usually comes in the form of what you might know as "laughing gas." With this type of sedation, you will be awake for the procedure, but feel completely relaxed.

2.

ORAL SEDATION

Oral sedation usually comes in the form of a pill that you take before the procedure. With this type of sedation, you might fall asleep during the procedure, but you can be easily awakened.

3.

IV SEDATION

This medication goes through an IV, and has the benefit of the dentist being able to easily adjust the level of sedation to provide you with maximum comfort. With IV sedation you will fall asleep, but can be easily awakened.

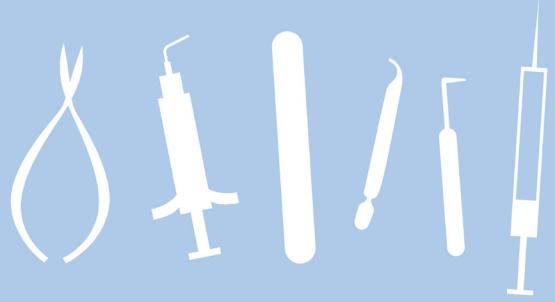
4.

DEEP SEDATION

This is very similar to IV sedation because you will be completely unconscious, you cannot easily be awakened until the effects of the anesthesia wears off.

**OUR TEAM HAS BEEN TRAINED TO
PROVIDE YOU WITH THE MOST
COMFORTABLE EXPERIENCE POSSIBLE.**

TOP 7 Misconceptions About Sedation Dentistry



Here's a list of the top 7 misconceptions we've heard from our patients when it comes to sedation.

- 1. Sedation Is Only For Major Procedures.** Sedation is NOT only for major medical procedures. If a procedure might cause you discomfort or anxiety of any kind, sedation is an option for you. If you would like to be sedated during your procedure, simply speak with us about it!
- 2. Sedation Is Dangerous.** Sedation is a safe practice. Speak with your dentist about any pre-existing health conditions you might have. They will know how to find a solution that fits your situation.
- 3. All Sedation Is The Same.** There are several different kinds of sedation that might be used in different situations, or for different procedures.
- 4. Sedation Is Expensive.** Sedation can actually be very affordable. In some cases, it may even be covered by your insurance.
- 5. Sedation Can Last For A Full Day.** Typically, sedation does not last for very long. Depending on the dosage and type you are given. It'll last long enough that you'll have an enjoyable experience here at our office.
- 6. Sedation Requires A Painful Needle Prick.** Not all sedation requires a needle, it can be administered via a gas and sometimes it is given in pill form.
- 7. Sedation Only Helps With Pain & Anxiety.** Sedation is extremely helpful for patients with anxiety. But that's not the only benefit of using sedation! Sedation dentistry can also help with a bad gag reflex, low pain tolerance, sensitive teeth, restlessness and more!

CALL TO SCHEDULE YOUR “ANXIETY & PAIN FREE” CONSULTATION
(646) 798-9733

COULD YOU BENEFIT FROM SEDATION DENTISTRY?

(Check All That Apply)

- I have a fear of the dentist.
- I have a low pain tolerance.
- I can't sit still in the dentist's chair.
- I have very sensitive teeth.
- I have a bad gag reflex.
- I will be getting extensive dental work.
- I can't stand the sound of the drill.

If you answered YES to any of the above,
sedation dentistry could be right for you!



★★★★★ 5 months ago

Overall exceptional experience. Was seen in a timely and friendly matter. Would highly recommend anyone to come here for dental service. Staff was very attentive to my needs and concern.



★★★★★ 5 months ago

Genuinely so happy I found this place on Groupon. Their care and advocacy for patients goes beyond what I have ever experienced at a dental office. Thank you for a great experience!



★★★★★ 2 months ago

Have been going here since 2008 - fun atmosphere and great service! Have done invisalign, cleanings and other work. Wouldnt go anywhere else.

**Call to schedule your “Anxiety & Pain Free”
Consultation (646) 798-9733**

REQUEST YOUR FREE “ANXIETY & PAIN FREE” CONSULTATION PACKAGE



FREE DENTAL EXAM

Has it been awhile since your last exam? Don't worry! We will never judge. We are here to help you in a friendly, comfortable environment. We want to make sure your oral health is the best it's ever been!



FREE EXPERT CONSULTATION

After your X-ray, we will discuss our findings with you! We'll explain your oral strengths and weaknesses, and identify opportunities for improvement.



FREE NO STRINGS ATTACHED SEDATION GAME PLAN

Finally, together we will create a comprehensive step by step game plan to give you a smile that makes you feel confident, in an environment that makes you feel completely comfortable.

FREQUENTLY ASKED QUESTIONS

Q: "Are there side effects related to sedation?"

A: Some sedation procedures are so quick you do not have any side effects. With lengthy procedures you might experience dry mouth, dull headache, or grogginess for a short amount of time after the procedure.

Q: "How long will I be sedated for?"

A: Depending on the procedure you could be sedated for anywhere between 30 minutes to a few hours.

Q: "Is sedation dentistry safe?"

A: Yes! Dr. Gober has been using sedation for many years and is a licensed professional.

Q: "Will I feel anything?"

A: You will not feel anything during the procedure. After the sedative wears off you might have a slight discomfort depending on the procedure.

Q: "What will I feel like on sedation?"

A: You will feel calm and sleepy for general sedation. For general anesthesia you will be asleep.

Q: "Can kids benefit from sedation dentistry?"

A: YES! Kids just like adults can benefit from sedation dentistry. When you meet with the dentist just ask about what options he has for your children.

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Thank you for taking the time to read this information and pricing guide and learning a little more about sedation.

Hopefully this guide has answered some of your questions, and helped you as you approach your new road to dental health and your best smile.

We know that things can be confusing, and that you might not know where to start, and that's okay! We are here to help!

If you have any other questions, or want to set up a free consultation, please do not hesitate to call!

To your dental health,



Dr. Daniel Gober
(646) 798-9733
Smile Café Dental Spa